

Rose Farm College of Equine Studies



Equine Bowen Therapy Training

Rose Farm College of Equine Studies

Rose Farm, Scotts Lane

Catcott, Somerset

TA7 9HX

01278 723429

www.lottymerry.co.uk



What the course includes;

*** Learning how to assess the horse, firstly by observing it, then palpating it, followed by performing the full Equine Bowen Treatment, to include the basic treatment, plus additional moves and stretches in specific areas of tension, pain or discomfort.**

*** Case studies – to include 10 different horses between levels One and Three, to be assessed (static and dynamic), photographed, saddle checked inc wither pattern, and treated three times. Each horse must have a full report including any exercises or stretches you have suggested.**

Between levels Three and Five another 10 horses must be assessed, photographed, saddle checked, and treated three times, but this time you must also include 3 of their riders, this will include 3 rider treatments, and a full report, with the emphasis on how they now work together.

*** Safety in the stable environment, horse handling particularly when being treated.**

*** Liaising with the vets, and other professionals involved with the treatment of your clients horse. Getting permission to treat.**

*** Conformation, the good the bad and the ugly. Looking at the horse in specific areas and also as a whole. Why some conformational defects will affect movement and the wear & tear on joints.**

*** Anatomy & Physiology, including learning the superficial muscle structure of the horse, how particular muscles act on the horses way of going and skeleton, we will also cover the deeper muscles, digestive, respiratory and lymphatic systems.**

*** Gait and locomotion, observing the way the horse moves, both on the lunge and with a rider.**

*** How the Bowen takes effect, we shall have sessions where we observe the horse and rider before and after a Bowen treatment.**

*** Saddle fitting, Julia Garrett will be give a lecture and demonstration on fitting saddles, and how to recognise an ill fitting saddle, different types of flocking, different systems available and by opening up a saddle will show you the mechanics within it.**

*** Equine Dentistry, Henry Billson or Toby Lee from Equine Dental Services, will give a lecture and demonstration on equine dentistry. Showing how the inside of the horses mouth & teeth have such an important part to play, in the whole body balance.**

*** Getting horses fit and the pit falls of training, Nikki Stephens will give a talk on training various types of horses, inc Dressage, Eventers & Racehorses. She will help to give an insight into the problems and injuries horse owners face when training and competing. With more years of experience than even she would like to recall, including competing, breaking and training. Nikki rides both shod and barefoot horses (trimming most herself with assistance from Trevor Jones EP), in treed and treeless saddles so can give a view on both, she currently has about 50 horses in her care.**

*** Equine Podiatry (Barefoot trimming), Trevor Jones EP will demonstrate trimming and foot balance, giving the pros and cons of barefoot trimming and how to condition the barefoot horse, he will also help us asses movement and show how foot balance will affect other areas of the horses structure.**

*** Preparing your clients, a range of stretch exercises and strengthening techniques to suggest to your clients. This will include the safe way to stretch a horse and some simple exercises.**

*** Business matters, especially yours! How to go about telling the world you are here, PR, leaflets, cards, website, talks etc. What you should carry in your car.**

*** An insight to nutrition, why the feeds being given may be leading to particular behaviour or condition problems.**

*** Level 5 includes a written and practical exam**



How to find us

We are located just off the A39 at Catcott TA7 9HX if you have sat nav.

From the M5, come off at Jct 23, take the Glastonbury exit from the roundabout, follow this road over the hill and down to the T junction and turn left. Follow the A39 for about 5 miles and you will see the Catcott turn on your left, take it and we are the 1st farm on the right (visible from the main road).

From the A303, come off the A303 at the Podimore roundabout and take the Somerton exit. About 1.5 miles take the right turn towards Somerton, Street & Glastonbury. By pass Somerton and pass through Compton Dundon, as you get to the top of the hill (Street Hill) you will find a X roads, take the fairly sharp left towards Ashcott & Bridgwater. Follow this road to the other end (beside the Pipers Inn) and turn left, then continue straight on and pass through the village of Ashcott. About 1.5 miles out of the village you will find a right turn to Catcott, take this and we are the 1st farm on the right (visible from the main road).

From Wells, follow the signs to Glastonbury, then Bridgwater, after passing through the village of Walton, you will come past the Pipers Inn (on your left) continue through the village of Ashcott. About 1.5 miles out of the village you will see a right turn to Catcott, take this and we are the 1st farm on the right (visible from the main road).



The Equine Bowen Moves

**Lectures and
Demonstrations**



**How to stretch the
horse and the muscles
involved**



Equine Bowen Therapy - Application form

Name _____

Address _____

Post Code _____

Phone no _____

Mobile no _____

Email address _____

Your main occupation _____

Age _____

Please confirm you have completed Level One (4 days) of the Human Bowen Technique
this is a prerequisite to beginning the Equine Bowen Therapy course.

YES / NO Date of Course _____

Which school have you previously trained with in Human Bowen Therapy?

Which tutor have you previously trained with in Human Bowen Therapy?

When did you / do you hope, to qualify in Human Bowen
Therapy? _____

How did you hear about this course?

Your equine experience – please include all exams taken, horses owned, competition experience and current situation.

Students are expected to have either BHS or ABRS qualifications and / or have owned or ridden horses for at least 4 years and / or currently work with horses.

You need to be competent and confident when handling strange horses. This is for your own safety, and that of others around you so please be honest.

Also required is a reference from a BHSI, Stud or Racing Yard Manager or similar equine professional person.

My equine experience includes

Continue on a separate piece of paper if needed.

Do you suffer from any allergies?

(cows milk, dairy, wheat, nut allergies, dogs, horses etc)

Do you have any disabilities or special requirements?

Are you paying your non-refundable deposit of £400.00 for Level One
by Cheque / Bank Transfer (delete as appropriate).

1st choice date _____ 2nd choice date _____

It is the individual's responsibility for their own safety when dealing with horses whilst enrolled on this course. No liability can be accepted by the course facilitators or property owners for injury or damage to students, third parties or animals concerned during the course or at any time on the premises.

I understand and agree.

I confirm I have read and understood the attached Terms and Conditions

Signed _____ Date _____

Please give your next of kin's name and phone number

Health and Safety

NO SMOKING anywhere on Rose Farm

In the event of an accident or emergency, call **999**, in the event of a fire, turn horses out into the school or paddocks and collect at the Muster point – Entrance Gate.

Sturdy leather boots preferably with Steel toe caps - **NO TRAINERS or WELLIES**
Trousers - Jeans, Jodhpurs, cords etc. - **NO SHORTS**
Long sleeve tops whilst treating

Ensure any box or crate you bring to stand on, is made of durable plastic and is stable when stood on even on a horses straw bed. **NO METAL BOXES WILL BE ALLOWED.**

Horses by their nature are unpredictable, they can kick and bite without giving notice!

Before entering the stable, look around for any obstacles, equipment, slippery / wet / icy surfaces, etc which could become a health and safety hazard or issue.

Ensure any droppings are removed from the stable, before you asses or begin treatment.

During a treatment, a horse may experience all sorts of reactions, in places not necessarily found when palpating.

Be very aware that any horse, however docile it can seem, has the potential to become angry without notice.

Whilst handling the horse, ensure you have full control at all times. Hold the halter rope at a short, safe length to prevent the horse from either turning round or from biting / kicking you, and concentrate fully on the job in hand.

Ensure that all head collars, bridles and other equipment are stored safely after use.

Be aware that there will be horses and vehicles moving around on the yard.

Fire extinguishers are located inside the door of the training room and a 1st aid kit is located above them (these will be pointed out on arrival).

**ABOVE ALL PLEASE STAY ALERT, LOOK OUT FOR EACH OTHER,
AND BE ON THE LOOK OUT FOR POTENTIAL DANGER.
HORSE'S ARE BY THEIR NATURE UNPREDICTABLE,
AND IT IS UP TO US ALL TO FORSEE, WHAT COULD BECOME A PROBLEM.**

Please sign here to confirm you have read and understood the above safety information

Sign _____

Print _____

Date _____

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This is your copy to keep



Lotty Merry
Rose Farm **College of Equine Studies**
Rose Farm, Scotts Lane
Catscott, Somerset
TA7 9HX
reg. ESEBT, cert ECBS, MBETR, ITEC dip.

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Mobile: 07966 473238
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Course dates 2008 / 2009 / 2010

Level One	Nov 13 th – 16 th 2008	Catscott, Somerset
Level One	June 4 th – 7 th 2009	Catscott, Somerset
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Level Two workshop	Feb 21 st & 22 nd 2009	Catscott, Somerset
Level Two workshop	Sept 19 th & 20 th 2009	Catscott, Somerset
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Level Three	May 8 th – 10 th 2009	Catscott, Somerset
Level Three	Dec 11 th – 13 th 2009	Catscott, Somerset
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Level Four workshop	Aug 8 th & 9 th 2009	Catscott, Somerset
Level Four workshop	March 2010 DTBC	Catscott, Somerset
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Level Five Finals	Nov 6 th – 8 th 2009	Catscott, Somerset
Level Five Finals	June 2010 DTBC	Catscott, Somerset
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Additional dates will be available, please look at the website

www.rosefarmequine.co.uk

Terms and Conditions

Cost total for the course is £1750.00 including levels one to five, for courses starting in 2008.

*Initial deposit £400.00 this is non-refundable

*Level One payment £400.00 no less than 30 days prior to starting Level One, this includes Level 2

PLEASE NOTE - If you apply within 30 days of Level One starting, then the full amount of £800 will be required.

*Level Three payment £475.00 no less than 30 days prior to starting Level Three, this includes Level 4

*Level Five Final payment £475.00 no less than 30 days prior to starting Level Five

*Once your place has been confirmed, the payment becomes non refundable. However, if you need to postpone any part of your course, this is possible six weeks or more before the course commences, and a transfer cost of £10 will be levied.

Please make cheques payable to C. L. Merry or for internet transfers, please send your payment to LloydsTSB a/c no 63524060, sort code 77-63-17 in the name of C L Merry and please add your name as the reference.

A MINIMUM PERIOD OF 9 MONTHS IS REQUIRED BETWEEN LEVEL ONE AND FIVE, though you can extend the time between levels. If a gap of more than 1 year occurs between level 3 and your final exam, you will need to retake from level 3 before qualifying.

PRE-REQUISIT for this course - You must have completed 4 days of Human Bowen Therapy Training. **THEN** before becoming qualified in Equine Bowen Therapy, you must have first finished, and qualified in Human Bowen Therapy. Please visit www.bter.org or <http://thebowentechnique.com> for Human Bowen courses.

Please ensure you have your own personal liability insurance. Student insurance to treat animals is required, before you commence your case studies. This can usually be tacked on to your current human insurance cover.

Once qualified, to remain on the registered list, a current 1st Aid and insurance Certificate will be required and 2 CPD days a year, completed.

Rose Farm [College of Equine](#) Studies, reserves the right to cancel a training level at any time. In such an instance, a full refund will be sent to the student or FOC transfer.

Rose Farm [College of Equine](#) Studies, reserves the right to decline admission to any level of training.

Rose Farm [College of Equine](#) Studies, reserves the right to immediately exclude any person who is deemed to be acting in an inappropriate manner. NO refund will be given.

Rose Farm [College of Equine](#) Studies, reserves the right to postpone a course due to insufficient numbers, applicants will have the choice of a refund or transfer.

All payments must be received by due dates to secure your place.



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